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Dance Movement Therapy (MA) • SRH University Heidelberg • Heidelberg .................................................... 2
## Master's degree

### Dance Movement Therapy (MA)

**SRH University Heidelberg • Heidelberg**

### Overview

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<th>Degree</th>
<th>Master of Arts (Dance Movement Therapy)</th>
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<td>Teaching language</td>
<td>English</td>
</tr>
<tr>
<td>Languages</td>
<td>Courses are held in English (100%).</td>
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<td>Programme duration</td>
<td>4 semesters</td>
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<td>Beginning</td>
<td>Winter semester</td>
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<td>More information on beginning of studies</td>
<td>1 October</td>
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<td>Application deadline</td>
<td>No deadline</td>
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<td>Tuition fees per semester in EUR</td>
<td>4,140</td>
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<td>Additional information on tuition fees</td>
<td>690 EUR per month + one-time registration fee of 750 EUR. Applicants from countries with a visa obligation need to pay a one-time registration fee of 1,000 EUR and must pay the first year’s tuition fee in advance.</td>
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<tr>
<td>Combined Master’s degree / PhD programme</td>
<td>No</td>
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### Description/content

Dance Movement Therapy is the evidence-based use of dance and movement in therapy for promoting the physical, emotional, cognitive, social, and spiritual integration of individuals and systems of individuals. As an arts therapy approach it uses creative methods to engage clients and support their ability to express themselves, connect socially, and seek emotional well-being.

In both research and clinical practice, there is an increasing interest in dance movement therapy approaches as important additions to standard care. The professional context of dance movement therapists is not limited to traditional areas of practice such as psychiatry, psychosomatic...
Dance Movement Therapy is also applied to neurology, oncology, cardiovascular medicine, etc. It is also increasingly applied to preventive care. Dance movement therapists work in the following fields:

- psychiatry
- psychosomatics and psychotherapy
- neurology
- geriatrics
- forensic contexts
- paediatrics
- intensive medicine centres (for example, neurology, oncology, pain) and sub-acute care facilities
- psychosocial institutions for children and families with special needs, disabilities, and early intervention
- institutions of prevention and education (e.g., schools, youth offers, kindergartens)

Course Details

Course organisation

The applied Master's course of dance movement therapy at the SRH University Heidelberg was developed within the framework of the European alignment and recognition of university degrees (Bologna process) and accredited in 2012. It offers graduates of artistic or psychosocial study programmes a qualified education in dance movement therapy. In contrast to other Master's courses in Germany, this programme is designed as a two-year full-time programme. It generally begins in the winter semester on 1 October. The programme details can be found in the official programme handbook. The programme contains 120 ECTS points (European Credit Transfer System), and students achieve a state-approved degree with worldwide access to doctoral programmes. The language of the programme is English.

The applied Master's degree in dance movement therapy contains the following modules:

Module 1: Introduction to therapy sciences
Module 2: Introduction to dance therapy
Module 3: Psychology
Module 4: Dance movement therapy skills
Module 5: Clinical psychology I (psychotherapy approaches)
Module 6: Clinical psychology II (psychiatry, psychosomatics, psychotherapy)
Module 7: Neurology & quantitative research methods
Module 8: Movement observation and movement analysis
Module 9: Clinical placement
Module 10: Evidence-based clinical practice
Module 11: Assessment & clinical practice with children and adolescents
Module 12: Arts therapies and specific applications
Module 13: Body-oriented therapy & mindfulness
Module 14: Advanced placement (clinical or research)
Module 15: Professionalisation, law, and ethics
Module 16: Master's thesis

The advantages of our high-quality programme include the following:

- We offer small study groups.
- Our competence model: The competencies that are required by employers and practice are the foundation of the curricular study structure.
- Five-week units are aligned to one practice-related subject.
- Transparent study organisation with evaluation and clearly defined, competence-oriented exam settings is specifically tailored to the respective content.
- Activating teaching methods, including case studies, seminars, group work, presentations, role play, etc., are implemented.
- Education partnership: Academic/professional, organisational, and personal support is offered by mentors.
- Specially equipped facilities, such as PC studios and practice rooms, allow medial support for music notation, therapy analysis, etc.
- Students have access to state-of-the-art musical equipment.
- An international study flair is achieved through student exchange with selected universities and clinics.
• There is an opportunity for an individual focus within the study programme.
• There is close collaboration between the educative music therapy outpatient centre and the study courses.
• Quality assurance is guaranteed through regular, confidential evaluation and open exchange between lecturers and students.
• Students gain insight into research projects within and beyond the School of Therapeutic Sciences.
• The programme features guest lecturers in the context of academic colloquia, teaching exchange, or research partnerships.

Types of assessment
Ongoing performance evaluation at the end of each five-week block ensures continuous feedback and relieves end-of-semester exam stress. Our instructors can choose between 30 different examination methods to test different skills and competences, ranging from written exams and project work to role-plays, case studies, and oral presentations.

A Diploma supplement will be issued
Yes

International elements
• International guest lecturers
• Language training provided
• Training in intercultural skills
• Projects with partners in Germany and abroad
• International comparisons and thematic reference to the international context

Integrated internships
Between the first and second course years, students will be in their placement from July to September. The clinical placement (300 hours under guidance and therapy supervision), during which students are closely accompanied by external mentors, provides an intense and exclusively practical experience beyond the school. The mentors are academically educated dance movement therapists. The organisation of the clinical placement is handled by the students in consultation with the school. Every placement requires prior approval of the school. It is recommended that students complete the placement in a country in which their mother tongue is spoken (in your home country or elsewhere).

Course-specific, integrated German language courses
No

Course-specific, integrated English language courses
No

Costs / Funding

Tuition fees per semester in EUR
4,140

Additional information on tuition fees
690 EUR per month + one-time registration fee of 750 EUR
Applicants from countries with a visa obligation need to pay a one-time registration fee of 1,000 EUR and must pay the first year’s tuition fee in advance.

Semester contribution
None

Costs of living
Approx. 850 EUR per month for personal expenses
Requirements / Registration

Academic admission requirements
- University degree from an accredited institution of higher learning with a duration of at least six semesters in one of the following disciplines: dance/artistic studies, psychology, medicine, social work, or similar degrees. Individual exceptions are possible, but these require special approval.
  - personal and artistic eligibility
  - good English skills

Language requirements
We personally interview applicants in order to test their English skills.

Application deadline
No deadline

Submit application to
Online application only

Services

Possibility of finding part-time employment
Students may work as student tutors or student assistants.

Accommodation
On-campus housing is available. Please contact the International Office for information.

Career advisory service
We offer individual career counselling services in our Career Development Centre. Here you will find courses on how to prepare for job applications and interviews, covering techniques such as body language and voice training, as well as continued education offerings such as our business skills certificate. In addition, you can access job listings on the university website.

Specific specialist or non-specialist support for international students and doctoral candidates
- Welcome event
- Specialist counselling
- Visa matters

Support programmes for international students
Career Development Centre, International Cultural Club, workshops, free language courses, social and networking events
The SRH University Heidelberg is one of the oldest and largest private universities in Germany. Its modern campus is found in one of Germany’s prettiest cities. The university offers more than 40 modern, applied courses of high academic quality, leading to internationally recognised academic qualifications, such as Bachelor’s and Master’s degrees. Around 3,100 students are currently enrolled across six faculties, which include the School of Applied Psychology; the School of Information, Media, and Design; the School of Therapeutic Sciences; the School of Social and Legal Sciences; the School of Business; and the School of Engineering and Architecture. The university’s core competencies are excellent instruction, applied research, and continual scientific training. Cooperation with international universities benefits both students and staff alike.
University location

Known throughout the world for its romantic setting, Heidelberg is a dynamic city with a wide range of cultural attractions, art venues, concerts, theatres, shopping, restaurants, and vibrant nightlife. In addition, Heidelberg is known for its lively scientific and political scene. Students are encouraged to socialise, learn, and get active in the community. As a university city, Heidelberg has a long history of welcoming international students.

Germany is located in the middle of Europe, so it is easy to get around and see Europe. The cost of living in Germany is around average for the EU. Of course, the amount of money you will need greatly depends on how economically you live. It is also a safe country with a low crime rate, and the society is cosmopolitan, open-minded and welcoming.

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