



Deutscher Akademischer Austauschdienst  
German Academic Exchange Service



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# Master's degree



## Dance Movement Therapy (MA)

SRH Universities • Heidelberg



## Overview

Degree	Master of Arts
Teaching language	<ul style="list-style-type: none"><li>English</li></ul>
Languages	Courses are held in English (100%).
Full-time / part-time	<ul style="list-style-type: none"><li>full-time</li></ul>
Programme duration	4 semesters
Beginning	Winter semester
Additional information on beginning, duration and mode of study	<p><b>Beginning:</b> 1 October</p> <p><b>Mode of study:</b> We believe that sustainable learning is only possible if there is enough space for experimentation, games and critical thinking. That is why we have completely restructured the classical course of studies. Read more about our <a href="#">CORE Principle</a>.</p>
Application deadline	There are <b>no application deadlines</b> , so you can apply at any time until all of the places in the programme have been filled.
Tuition fees per semester in EUR	5,100 EUR
Additional information on tuition fees	<p>Applicants from EEA countries: 690 EUR per month + one-time registration fee of 750 EUR</p> <p>Applicants from non-EEA countries without a permanent residence permit: 5,100 EUR per semester + one-time registration fee of 1,000 EUR</p>
Combined Master's degree / PhD programme	No
Joint degree / double degree programme	No

## Description/content

Dance Movement Therapy is the evidence-based use of dance and movement in therapy for promoting the physical, emotional, cognitive, social, and spiritual integration of individuals and systems of individuals. As an arts therapy approach it uses creative methods to engage clients and support their ability to express themselves, connect socially, and seek emotional well-being.

In both research and clinical practice, there is an increasing interest in dance movement therapy approaches as important additions to standard care. The professional context of dance movement therapists is not limited to traditional areas of practice such as psychiatry, psychosomatic medicine, or special education. Dance Movement Therapy is also applied to neurology, oncology, cardiovascular medicine, etc. It is also increasingly applied to preventive care. Dance movement therapists work in the following fields:

- psychiatry
- psychosomatics and psychotherapy
- neurology
- geriatrics
- forensic contexts
- paediatrics
- intensive medicine centres (for example, neurology, oncology, pain) and sub-acute care facilities
- psychosocial institutions for children and families with special needs, disabilities, and early intervention
- institutions of prevention and education (e.g. schools, youth offers, kindergartens)

## Course Details

### Course organisation

The applied Master's course of dance movement therapy at the SRH University Heidelberg was developed within the framework of the European alignment and recognition of university degrees (Bologna process) and accredited in 2012. It offers graduates of artistic or psychosocial study programmes a qualified education in dance movement therapy.

In contrast to other Master's courses in Germany, this programme is designed as a two-year full-time programme. It generally begins in the winter semester on 1 October. The programme details can be found in the official programme handbook. The programme contains 120 ECTS points (European Credit Transfer System), and students achieve a state-approved degree with worldwide access to doctoral programmes. The language of the programme is English.

The applied Master's degree in dance movement therapy contains the following modules:

Module 1: Introduction to therapy sciences  
Module 2: Introduction to dance therapy  
Module 3: Psychology  
Module 4: Dance movement therapy skills  
Module 5: Clinical psychology (mental health)  
Module 6: Neurology & quantitative research methods  
Module 7: Movement observation and movement analysis  
Module 8: Clinical placement  
Module 9: Evidence-based clinical practice  
Module 10: Assessment & clinical practice with children and adolescents  
Module 11: Arts therapies and specific applications  
Module 12: Body-oriented therapy & mindfulness  
Module 13: Advanced placement (clinical or research)  
Module 14: Professionalisation, law, and ethics  
Module 15: Master's thesis

The advantages of our high-quality programme include the following:

- We offer small study groups.
- Our competence model: The competencies that are required by employers and practice are the foundation of the curricular study structure.
- Five-week units are aligned to one practice-related subject.
- Transparent study organisation with evaluation and clearly defined, competence-oriented exam settings is specifically tailored to the respective content.

- Activating teaching methods, including case studies, seminars, group work, presentations, role play, etc., are implemented.
- Education partnership: Academic/professional, organisational, and personal support is offered by mentors.
- Specially equipped facilities, such as PC studios and practice rooms, allow medial support for music notation, therapy analysis, etc.
- Students have access to state-of-the-art musical equipment.
- An international study flair is achieved through student exchange with selected universities and clinics.
- There is an opportunity for an individual focus within the study programme.
- There is close collaboration between the educative music therapy outpatient centre and the study courses.
- Quality assurance is guaranteed through regular, confidential evaluation and open exchange between lecturers and students.
- Students gain insight into research projects within and beyond the School of Therapeutic Sciences.
- The programme features guest lecturers in the context of academic colloquia, teaching exchange, or research partnerships.

<b>A Diploma supplement will be issued</b>	Yes
<b>International elements</b>	<ul style="list-style-type: none"> <li>• International guest lecturers</li> <li>• Language training provided</li> <li>• Training in intercultural skills</li> <li>• Projects with partners in Germany and abroad</li> <li>• International comparisons and thematic reference to the international context</li> </ul>
<b>Integrated internships</b>	Between the first and second years of the degree, students complete an internship (sometimes called "practicum" or placement), typically from late July to the beginning of October. The clinical internship provides intense practical experience outside the classroom, supervised closely by external mentors (or supervisors). These mentors are academically educated dance movement therapists. The organisation is handled by the students in consultation with the faculty internship office. Every placement requires prior approval of the internship office. Students are strongly recommended to complete their internships in a country where they speak the language.
<b>Course-specific, integrated German language courses</b>	No
<b>Course-specific, integrated English language courses</b>	No

## Costs / Funding

<b>Tuition fees per semester in EUR</b>	5,100 EUR
<b>Additional information on tuition fees</b>	<p>Applicants from EEA countries: 690 EUR per month + one-time registration fee of 750 EUR</p> <p>Applicants from non-EEA countries without a permanent residence permit: 5,100 EUR per semester + one-time registration fee of 1,000 EUR</p>
<b>Semester contribution</b>	None

Costs of living	Approx. 950–1,000 EUR per month for personal expenses
Funding opportunities within the university	No

## Requirements / Registration

Academic admission requirements	<ul style="list-style-type: none"> <li>• University degree from an accredited institution of higher learning with a duration of at least six semesters in one of the following disciplines: dance/artistic studies, psychology, medicine, social work, or similar degrees. Individual exceptions are possible, but these require special approval.</li> <li>• personal and artistic eligibility</li> <li>• good English skills</li> </ul>
Language requirements	<p>English language proficiency IELTS 6.5 / TOEFL 80 / Duolingo Certificate 120 / PTE Academics 58 or a comparable test</p> <p>We may also personally interview applicants in order to test their English skills. If applicants have studied completely in English in their previous studies, we may waive the required test.</p>
Application deadline	There are <b>no application deadlines</b> , so you can apply at any time until all of the places in the programme have been filled.
Submit application to	<a href="#">Online application</a> only

## Services

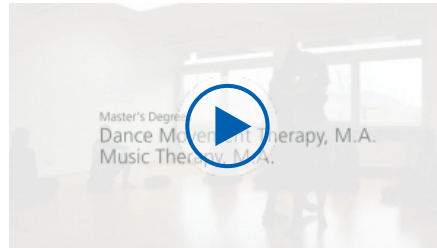
Possibility of finding part-time employment	There are various opportunities to become a working student alongside your studies. Each student is allowed to work 20 hours per week as a working student in any company.
Accommodation	On-campus housing is available. Please contact <a href="#">SRH Campus Apartments</a> for information.
Career advisory service	We offer individual career counselling services in our <a href="#">Career Development Centre</a> . Here you will find courses on how to prepare for job applications and interviews, covering techniques such as body language and voice training, as well as continued education offerings such as our business skills certificate. In addition, you can access job listings on the university website.
Support for international students and doctoral candidates	<ul style="list-style-type: none"> <li>• Welcome event</li> <li>• Specialist counselling</li> <li>• Visa matters</li> <li>• Buddy programme</li> <li>• Tutors</li> <li>• Accompanying programme</li> </ul>



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## Samantha Steiner MA Dance Movement Therapy

The body can express & experience much more than words can... does this resonate with you? The Dance & Movement Therapy programme at SRH University Heidelberg lives up to this statement. Its practical approach & broad overview of different populations & disorders allows for a complete learning experience. We are fortunate to have esteemed individuals within the field serving as our teachers & advisers, & the diversity of the programme will allow you to connect with people from around the world.



## Dance Movement Therapy and Music Therapy – SRH University Heidelberg

Get impressions from our international students on how to study Dance Movement Therapy and Music Therapy at SRH University Heidelberg.

» more:  
<https://www.youtube.com/watch?v=x-HIMMEPaQs>

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# SRH Universities

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Welcome to SRH University Heidelberg

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The SRH University Heidelberg is one of the oldest and largest private universities in Germany. Its modern campus is found in one of Germany's prettiest cities. The university offers more than 40 modern, applied courses of high academic quality, leading to internationally recognised academic qualifications, such as Bachelor's and Master's degrees. Around 3,600 students are currently enrolled across six faculties, which include the School of Applied Psychology; the School of Information, Media, and Design; the School of Therapeutic Sciences; the School of Social and Legal Sciences; the School of Business; and the School of Engineering and Architecture. The university's core competencies are excellent instruction, applied research, and continual scientific training. Cooperation with international universities benefits both students and staff alike.



## University location

Known throughout the world for its romantic setting, Heidelberg is a dynamic city with a wide range of cultural attractions, art venues, concerts, theatres, shopping, restaurants, and a vibrant nightlife. In addition, Heidelberg is known for its lively scientific and political scene. Students are encouraged to socialise, learn, and get active in the community. As a university city, Heidelberg has a long history of welcoming international students.

Germany is located in the middle of Europe, so it is easy to get around. The cost of living in Germany is around average for the EU. Of course, the amount of money you will need greatly depends on how economically you live. It is also a safe country with a low crime rate, and the society is cosmopolitan, open-minded and welcoming.

# Contact

**SRH Universities**  
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 <https://www.facebook.com/SRHHochschuleHD/>

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 <https://www.linkedin.com/school/srh-hochschule-heidelberg>

 <https://www.instagram.com/hsheidelberg/>

 <https://www.youtube.com/user/srhhochschulehd>

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# International Programmes in Germany - Database

[www.daad.de/international-programmes](http://www.daad.de/international-programmes)  
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Consortium for International Higher Education Marketing  
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## Disclaimer

The data used for this database was collected and analysed in good faith and with due diligence. The DAAD and the Content5 AG accept no liability for the correctness of the data contained in the "International Programmes in Germany" and "Language and Short Courses in Germany".

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