



# INTERNATIONAL PROGRAMMES

Anika Rüssemeier /

Ta	h	۹	οf	$C_0$	nte	ents

Master's degree	2
Dance Movement Therapy (MA) • SRH Universities • Heidelberg	2

# Master's degree













# Overview

Degree	Master of Arts
Teaching language	• English
Languages	Courses are held in English (100%).
Full-time / part-time	• full-time
Programme duration	4 semesters
Beginning	Winter semester
Additional information on beginning, duration and mode of study	Mode of study: We believe that sustainable learning is only possible if there is enough space for experimentation, games and critical thinking. That is why we have completely restructured the classical course of studies. Read more about our CORE Principle.
Application deadline	There are <b>no application deadlines</b> , so you can apply at any time until all of the places in the programme have been filled.
Tuition fees per semester in EUR	5,100 EUR
Additional information on tuition fees	Applicants from EEA countries: 690 EUR per month + one-time registration fee of 750 EUR  Applicants from non-EEA countries without a permanent residence permit: 5,100 EUR per semester + one-time registration fee of 1,000 EUR
Combined Master's degree / PhD programme	No
Joint degree / double degree programme	No

### Description/content

Dance Movement Therapy is the evidence-based use of dance and movement in therapy for promoting the physical, emotional, cognitive, social, and spiritual integration of individuals and systems of individuals. As an arts therapy approach it uses creative methods to engage clients and support their ability to express themselves, connect socially, and seek emotional well-being.

In both research and clinical practice, there is an increasing interest in dance movement therapy approaches as important additions to standard care. The professional context of dance movement therapists is not limited to traditional areas of practice such as psychiatry, psychosomatic medicine, or special education. Dance Movement Therapy is also applied to neurology, oncology, cardiovascular medicine, etc. It is also increasingly applied to preventive care. Dance movement therapists work in the following fields:

- psychiatry
- psychosomatics and psychotherapy
- neurology
- geriatrics
- forensic contexts
- paediatrics
- intensive medicine centres (for example, neurology, oncology, pain) and sub-acute care facilities
- psychosocial institutions for children and families with special needs, disabilities, and early intervention
- institutions of prevention and education (e.g. schools, youth offers, kindergartens)

## **Course Details**

### Course organisation

The applied Master's course of dance movement therapy at the SRH in Heidelberg was developed within the framework of the European alignment and recognition of university degrees (Bologna process) and accredited in 2012. It offers graduates of artistic or psychosocial study programmes a qualified education in dance movement therapy.

In contrast to other Master's courses in Germany, this programme is designed as a two-year full-time programme. It generally begins in the winter semester on 1 October. The programme details can be found in the official programme handbook. The programme contains 120 ECTS points (European Credit Transfer System), and students achieve a state-approved degree with worldwide access to doctoral programmes. The language of the programme is English.

The applied Master's degree in dance movement therapy contains the following modules:

Module 1: Introduction to therapy sciences

Module 2: Introduction to dance therapy

Module 3: Psychology & psychotherapy

Module 4: Dance and movement therapy procedures

Module 5: Clinical psychology (mental health)

Module 6: Neurology & quantitative research methods

Module 7: Dance and movement procedures II

Module 8: Clinical placement

Module 9: Evidence-based clinical practice

Module 10: Assessment & clinical practice with children and adolescents

Module 11: Arts therapies and specific applications

Module 12: Dance and movement therapy and interdisciplinary approaches

Module 13: Advanced placement (clinical or research)

Module 14: Professionalisation, law, and ethics

Module 15: Master's thesis

The advantages of our high-quality programme include the following:

- We offer small study groups.
- Our competence model: The competencies that are required by employers and practice are the foundation of the curricular study structure.
- Five-week units are aligned to one practice-related subject.
- Transparent study organisation with evaluation and clearly defined, competence-oriented exam settings is specifically tailored to the respective content.

- Activating teaching methods, including case studies, seminars, group work, presentations, role play, etc., are implemented.
- Education partnership: Academic/professional, organisational, and personal support is
  offered by mentors.
- Specially equipped facilities, such as PC studios and practice rooms, allow medial support for music notation, therapy analysis, etc.
- Students have access to state-of-the-art musical equipment.
- An international study flair is achieved through student exchange with selected universities and clinics.
- There is an opportunity for an individual focus within the study programme.
- There is close collaboration between the educative music therapy outpatient centre and the study courses.
- Quality assurance is guaranteed through regular, confidential evaluation and open exchange between lecturers and students.
- Students gain insight into research projects within and beyond the School of Therapeutic Sciences.
- The programme features guest lecturers in the context of academic colloquia, teaching exchange, or research partnerships.

### » PDF Download

# A Diploma supplement will be issued

Yes

### International elements

- International guest lecturers
- Language training provided
- Training in intercultural skills
- Projects with partners in Germany and abroad
- International comparisons and thematic reference to the international context

## Integrated internships

Between the first and second years of the degree, students complete an internship (sometimes called "practicum" or placement), typically from late July to the beginning of October. The clinical internship provides intense practical experience outside the classroom, supervised closely by external mentors (or supervisors). These mentors are academically educated dance movement therapists. The organisation is handled by the students in consultation with the faculty internship office. Every placement requires prior approval of the internship office. Students are strongly recommended to complete their internships in a country where they speak the language.

# Course-specific, integrated German language courses

No

Course-specific, integrated English language courses No

# **Costs / Funding**

Tuition fees per semester in EUR

5,100 EUR

# Additional information on tuition fees

Applicants from EEA countries: 690 EUR per month + one-time registration fee of 750 EUR

Applicants from non-EEA countries without a permanent residence permit: 5,100 EUR per semester + one-time registration fee of 1,000 EUR

## Semester contribution

None

Costs of living	Approx. 950–1,000 EUR per month for personal expenses
Funding opportunities within the university	Yes
Description of the above- mentioned funding opportunities within the university	There is a special scholarship available. The "Deutschlandstipendium" is a special scholarship programme supported by the German government and private companies. You can find other scholarships that are relevant to your application here.

# Requirements / Registration

Academic admission requirements	<ul> <li>University degree from an accredited institution of higher learning with a duration of at least six semesters in one of the following disciplines: dance/artistic studies, psychology, medicine, social work, or similar degrees. Individual exceptions are possible, but these require special approval.</li> <li>personal and artistic eligibility</li> <li>good English skills</li> </ul>
Language requirements	English language proficiency IELTS 6.5 / TOEFL 80 / Duolingo Certificate 120 / PTE Academics 58 or a comparable test  We may also personally interview applicants in order to test their English skills. If applicants have studied completely in English in their previous studies, we may waive the required test.
Application deadline	There are <b>no application deadlines</b> , so you can apply at any time until all of the places in the programme have been filled.
Submit application to	Online application only

Services	
Possibility of finding part- time employment	Working as a non-EU citizen: In possession of a valid German residence permit for study purposes, you are allowed to work for up to 120 full days (full day = eight hours per day) or 240 half days (half day = four hours) during the calendar year. However, freelance work is not permitted. Internships that are mandatory for the successful completion of your studies at SRH do not count towards the above-named 120 full days.
	Employment that is considered "student part-time work" ("studentische Nebentätigkeit", e.g. employment as a student worker at a university or in a university-related organisation or "Werkstudent" activities at companies that are related to your studies) can be done without any time restrictions.
Accommodation	On-campus housing is available. Please contactSRH Campus Apartments for information.
Career advisory service	We offer individual career counselling services in our Career Development Centre. Here you will find

courses on how to prepare for job applications and interviews, covering techniques such as body language and voice training, as well as continued education offerings such as our business skills certificate. In addition, you can access job listings on the university website.

Support for international students and doctoral candidates

- Welcome event
- Specialist counselling
- Visa matters
- Buddy programme
- Tutors
- Accompanying programme

General services and support for international students and doctoral candidates

International Cultural Club, workshops, free language courses, social and networking events



©Samantha Steiner

## Samantha Steiner MA Dance Movement Therapy

The body can express & experience much more than words can... does this resonate with you? The Dance & Movement Therapy programme at SRH in Heidelberg lives up to this statement. Its practical approach & broad overview of different populations & disorders allows for a complete learning experience. We are fortunate to have esteemed individuals within the field serving as our teachers & advisers, & the diversity of the programme will allow you to connect with people from around the world.



# Dance Movement Therapy and Music Therapy – SRH in Heidelberg

Get impressions from our international students on how to study Dance Movement Therapy and Music Therapy at SRH in Heidelberg.

more: https://www.youtube.com/watch? v=x-HIMMEPaQs

# **SRH Universities**



The SRH Universities

© SRH Universities

We are the SRH Universities, part of the non-profit SRH Holding based in Heidelberg.

We offer state-accredited Bachelor's, Master's, and MBA programmes in English and German. Our curricula are built around the CORE Principle, emphasising hands-on, project-based learning in five-week blocks. Our programmes focus on management and logistics, engineering and architecture, computer and data science, hospitality and therapy, design and creative industries, and music and film.

With nine campuses across Germany, we host a diverse student body from over 100 countries, contributing to our vibrant international atmosphere.

Our approach includes practical work experiences and professional networking opportunities, preparing students for successful global careers.



## University location

**Berlin**, Germany's capital, is a hub for politics, media, science, and education. It's the country's largest city and offers a vibrant cultural scene with rich nightlife and historical sites. Berlin's dynamic start-up scene is attractive to tech and creative industries. Despite rising costs, it remains affordable compared to other Western European capitals.

**Cologne** is known for its relaxed culture, famous cathedral, and rich Roman history. It offers a vibrant academic and cultural scene with excellent job opportunities in media and other industries. Cologne is well-connected, making it easy to explore nearby cities.

**Dresden** combines a vibrant cultural scene with affordable living costs. Known for historical sights like the Zwinger and Semperoper, it offers good job prospects in microelectronics and IT. Its scenic location and rich cultural events make it an attractive city for students and young professionals.

Hamburg, Germany's second-largest city, is a major trade and logistics hub in north-western Europe. With a high standard of living and moderate costs, it offers career opportunities in IT, media, logistics, and renewable energy sectors. Famous for its harbour and nightlife, Hamburg is a city rich in water-related and cultural activities.

**Hamm** combines historical charm with modern innovation. It offers low living costs and affordable housing suitable for students. Home to Germany's first Bachelor's degree programme in logistics at the SRH Hamm campus, the city provides a close-knit community feel and is growing in industries like energy and logistics.

**Heidelberg** is known for its romantic ambiance and vibrant cultural and academic atmosphere. The city offers a picturesque landscape ideal for outdoor activities, with strong sectors in biotechnology, pharmaceuticals, and academia.

**Leipzig** is an economic hub with a growing population, offering career opportunities in technology, digitalisation, and life sciences. It has a vibrant music and cultural scene and remains one of Germany's more affordable major cities.

**Münster** is a bike-friendly university town known for its museums, theatres, and lively student community. It offers reasonable living costs and robust job opportunities in education, healthcare, and administration.

**Stuttgart** is a centre for technology and innovation, home to companies like Mercedes Benz and Porsche. It offers excellent educational and career prospects in engineering and sustainable technologies, supported by a vibrant cultural scene.

## **Contact**

### **SRH Universities**

Admission Office

Study Advisor

Ludwig-Guttmann-Straße 6 69123 Heidelberg

Tel. +49 62216799799

- Course website: https://www.srh-hochschule-heidelberg.de/landingpage/kampagnen-seiten/daad-portal/study-dance-movement-therapy-in-heidelberg/?utm\_source=wkz-HD5012AG05
- f https://www.facebook.com/SRHHochschuleHD/
- https://twitter.com/SRHHochschuleHD
- in https://www.linkedin.com/school/srh-hochschule-heidelberg
- https://www.instagram.com/hsheidelberg/
- https://www.youtube.com/user/srhhochschulehd

Last update 24.11.2024 02:21:51

# International Programmes in Germany - Database

www.daad.de/international-programmes www.daad.de/sommerkurse

### Editor

DAAD - Deutscher Akademischer Austauschdienst e.V. German Academic Exchange Service Section K23 – Information on Studying in Germany Kennedyallee 50 D-53175 Bonn www.daad.de

### **GATE-Germany**

Consortium for International Higher Education Marketing www.gate-germany.de

### Disclaimer

The data used for this database was collected and analysed in good faith and with due diligence. The DAAD and the Content5 AG accept no liability for the correctness of the data contained in the "International Programmes in Germany" and "Language and Short Courses in Germany".

The publication is funded by the German Federal Ministry of Education and Research and by contributions of the participating German institutions of higher education.

