

# INTERNATIONAL PROGRAMMES

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# Master's degree



### **Master's in Sport and Exercise Psychology**

**Leipzig University • Leipzig** 

### Overview

Degree	Master of Science
In cooperation with	University of Thessaly (Greece)
Teaching language	• English
Languages	Courses are held in English (100%).
Programme duration	4 semesters
Beginning	Winter semester
Application deadline	31 May
Tuition fees per semester in EUR	None
Combined Master's degree / PhD programme	No
Joint degree / double degree programme	Yes
Description/content	Please find all information regarding the Master's programme on ourcourse website.  The aim of the degree programme is to qualify students for national and international, research-

The aim of the degree programme is to qualify students for national and international, research-related work in the field of sport and exercise psychology.

Students will acquire extensive expertise in sport and exercise psychology, enabling them to (a) plan, apply for, conduct, evaluate and interpret theory-based studies. Accordingly, students will be able to (b) formulate practical recommendations for action and communicate these to the respective target groups. Students will acquire comprehensive methodological, social, and interpersonal skills for (c) leading sport psychology consulting and team management processes in international, individual and group settings. In addition, students will be able to (d) communicate with stakeholders in English, in both spoken and written settings, in a manner appropriate to their field of work, to cope with intercultural communication barriers, to recognise potential conflicts, and to solve these constructively with the help of adequate communication strategies. Students will also acquire personal and social skills to (e) develop a sport and exercise psychology-related self-concept, subject-specific professionalism, and competence in self-management.

Regarding the **application process** and the **requirements** for the Master's programme, we also provide more information in our FAQ section.

### **Course Details**

#### **Course organisation**

In the first semester, general foundations of the topics dealt with in sport and exercise psychology are reviewed and supplemented by current research trends and methods. In addition, foundations of research methodology and intercultural communication are laid and students' knowledge of specialist terminology in sport and exercise psychology is expanded.

In the second semester, more in-depth study follows, after which the practical relevance of applied fields of sport and exercise psychology are dealt with, building on fundamental elements.

In the third semester of the Master's programme, students have the opportunity to choose between a research-oriented internship or a stay abroad worth 30 credits. Students seeking a double degree are required to stay abroad at the University of Thessaly (for which an additional application is needed). In this case, the university at which the student is first enrolled is referred to as the host university, and the other university is referred to as the partner university.

In the fourth semester, students write their Master's theses.

#### International elements

- Integrated study abroad unit(s)
- International guest lecturers

# Integrated study abroad unit(s)

In the third semester of the Master's programme, students have the opportunity to do a stay abroad worth 30 credits (possible scholarships via Erasmus+, additional application needed).

Students seeking a double degree are required to stay abroad at the University of Thessaly (for which an additional application is needed).

#### Integrated internships

In the third semester of the Master's programme, students have the opportunity to do a research-oriented internship worth 30 credits.

# Course-specific, integrated German language courses

No

#### Course-specific, integrated English language courses

No

### **Costs / Funding**

Tuition f	ees pe	r semestei	r in
EUR			

None

#### Semester contribution

Semester contribution: 270 EUR

# Funding opportunities within the university

No

### **Requirements / Registration**

# Academic admission requirements

- Bachelor's degree in sport science, psychology or a related subject (e.g., kinesiology)
- Knowledge of English at C1 level of the Common European Framework of Reference for Languages, or equivalent
- Letter of motivation (max. two pages) containing: (1) reasons for your choice and expectations of the study degree course, (2) justification for your research orientation and research interests, (3) integration of previous studies and practical experience in the context of the Master's degree course, and (4) formulation of your future career perspective on the basis of the Master's degree course of study.
- Proof of scientific research experience (if applicable)
- Proof of practical experience in the field of sport and/or (sport) psychology (if applicable)
- Proof of periods abroad (if applicable)

#### Language requirements

Knowledge of English at C1 level of the Common European Framework of Reference for Languages, or the equivalent

Proof of English language:

- CEF (Common European Framework of Reference for Languages): Level C1
- TOEFL (paper-based test): at least 637 points
- TOEFL (computer-based test): at least 180 points
- TOEFL (internet-based test): at least 95 points
- TOEIC: at least 945 points
- Cambridge Advanced Certificate: Minimum grade: C
- BEC Exam (Business English Certificate): BEC Advanced
- IELTS: at least 7.0 points
- BULATS: at least 75 points

Application deadline

31 May

Submit application to

https://www.uni-assist.de/bewerben/ https://almaweb.uni-leipzig.de/

General information: https://www.uni-leipzig.de/en/studying/prospective-students/

### **Services**

Support for international students and doctoral candidates

Tutors

### **Contact**

#### **Leipzig University**

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### International Programmes in Germany - Database

www.daad.de/international-programmes www.daad.de/sommerkurse

#### Editor

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